

SHUTTLE MENU STS-122

LEOPOLD EYHARTS, MS-5 (PURPLE)

Meal Day 1*

A

Day 2

Day 3

Day 4

Blueberry-Raspberry Yogurt (I)
Granola (R)
Scrambled Eggs (R)
Orange-Mango Drink (B)
Kona Coffee w/ Sugar (B)

Grits w/ Butter (R)
Sausage Pattie (R)
Oatmeal w/ Brown Sugar (R)
Apple Cider (B)
Kona Coffee w/ Sugar (B)

Granola (R)
Mexican Scrambled Eggs (R)
Breakfast Sausage Links (I)
Pineapple Drink (B)
Kona Coffee w/ Sugar (B)

B

Tomato Basil Soup (T)
Crackers (NF) x2
Grilled Chicken (I)
Candied Yams (I)
Fruit Cocktail (I)
Tapioca Pudding (I)
Tropical Punch (B)

Turkey Tetrizzini (R)
Tortilla (FF) x2
Green Beans w/ Mushrooms (R)
Dried Pears (IM)
Candy Coated Almonds (NF)
Peach-Apricot Drink (B)

Beef Stew (I)
Crackers (NF) x2
Cauliflower w/ Cheese (R)
Pineapple (I)
Cherry-Blueberry Cobbler (I)
Trail Mix (NF)
Tea w/ Sugar (B)

C

Smoked Turkey (I)
Asparagus (R)
Mashed Potatoes (R)
Tortilla (FF) x2
Pears (I)
Cranapple Dessert (I)
Orange-Pineapple Drink (B)

Beef Fajitas (I)
Rice Pilaf (R)
Corn (R)
Tortilla (FF) x2
Strawberries (R)
Shortbread Cookies (NF)
Tea w/ Lemon & Sugar (B)

Shrimp Cocktail (R)
Teriyaki Chicken (R)
Italian Vegetables (R)
Macaroni & Cheese (R)
Bread Pudding (I)
Orange-Mango Drink (B)

*Day 1 consists of Meal C only

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized