National Aeronautics and Space Administration in partnership with The President's Council of Physical Fitness and Sports

FIT EXPLORER CHALLENGE

Mercury Musclers

LEVEL 1 COMPLETE: 800 POINTS

NASA's Exploration Systems Mission Directorate would like to congratulate

Crew Member

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on the completion of this Fit Explorer Challenge level.

This certificate is in recognition of your dedication to learning about space exploration, NASA, and being physically fit.

You have learned to train like an astronaut.

Charles Lloyd, PharmD
Human Research Program Education and Outreach
Program Manager

Melissa Johnson, M.S.
The President's Council on Physical Fitness and Sports
Executive Director

Project Mercury was the first human spaceflight program of the United States. It ran from 1959 through 1963 with the goal of putting a man in orbit around the Earth. The first Mercury flight to achieve this goal was the Atlas 6 flight on February 20, 1962.