

**SHUTTLE MENU STS-117
(Stow By Person)**

STEVEN SWANSON, MS-2 (GREEN)

Meal	Days 1* & 8	Days 2 & 9	Days 3 & 10	Days 4 & 11	Days 5 & 12	Days 6 & 13**	Day 7
A	Dried Pears (IM) Granola w/Blueberries (R) Mexican Scrambled Eggs (R) Breakfast Roll (FF) Orange Juice (B)	Sausage Pattie (R) Scrambled Eggs (R) Tortilla (FF) X2 Pears (T) Vanilla Breakfast Drink (B) Orange Juice (B)	Dried Apricots (IM) Granola w/Blueberries (R) Breakfast Roll (FF) Chocolate Breakfast Drink (B) Grapefruit Drink (B)	Oatmeal w/Raisins (R) Mexican Scrambled Eggs (R) Chocolate Breakfast Drink (B) Orange Juice (B) X2	Dried Peaches (IM) Breakfast Sausage Links (I) Oatmeal w/Brown Sugar (R) Vanilla Breakfast Drink (B) Orange Juice (B)	Blueberry-Raspberry Yogurt (T) Granola w/Raisins (R) Chocolate Breakfast Drink (B) Orange-Grapefruit Drink (B)	Peaches (T) Sausage Pattie (R) Seasoned Scrambled Eggs (R) Oatmeal w/Brown Sugar (R) Orange-Pineapple Drink (B)
B	Beef Fajitas (I) Southwestern Corn (T) Tortilla (FF) X2 Pineapple (T) Macadamia Nuts (NF) Strawberry Drink (B) X2	Vegetarian Vegetable Soup (T) Meatloaf (T) Chicken Salad (R) Crackers (NF) X2 Fruit Cocktail (T) Trail Mix (IM) Orange-Mango Drink (B) X2	Lasagna w/ Meat (T) Cheddar Cheese Spread (T) Crackers (NF) X2 Peaches (T) Granola Bar (NF) Candy Coated Chocolates (NF) Tropical Punch (B) X2	Seafood Gumbo (T) Applesauce (T) Shortbread Cookies (NF) Almonds (NF) Banana Pudding (T) Tropical Punch (B) X2	Teriyaki Chicken (R) X2 Red Beans & Rice (T)(day 5); Peaches (T) (day 12) Cheddar Cheese Spread (T) Crackers (NF) X2 Strawberries (R) Candy Coated Peanuts (NF) Tea (B)	Crawfish Etoufee (T) Mashed Potatoes (R) Tortilla (FF) X2 Pears (T) Cashews (NF) Orange Drink (B) X2	Grilled Chicken (T) Potatoes Au Gratin (R) Tomatoes & Eggplant (T) Shortbread Cookies (NF) Fruit Cocktail (T) Peanuts (NF) Grape Drink (B) X2
C	Turkey Tetrazzini (R) X2 Asparagus (R) Tortilla (FF) X2 Peaches (T) Butter Cookie (NF) Grape Drink (B)	BBQ Beef Brisket (I) Macaroni & Cheese (R) Broccoli au Gratin (R) Tortilla (FF) X2 Strawberries (R) Tapioca Pudding (T) Lemonade (B)	Shrimp Cocktail (R) Smoked Turkey (I) Macaroni & Cheese (R) Tortilla (FF) X2 Cherry Blueberry Cobbler (T) Apple Cider (B) X2	Cashew Curry Chicken (R) Rice Pilaf (R) Creamed Spinach (R) Tortilla (FF) X2 Pineapple (T) Brownie (NF) Tea w/Lemon & Sugar (B)	Chicken Strips in Salsa (T) Red Beans & Rice (T) Cauliflower w/Cheese (R) Tortilla (FF) X2 Butterscotch Pudding (T) Pineapple Drink (B) X2	Cheese Tortellini (T) Fiesta Chicken (T) Corn (R) Tortilla (FF) X2 Strawberries (R) Tapioca Pudding (T) Tea w/ Lemon (B)	Shrimp Cocktail (R) Teriyaki Beef Steak (I) Rice Pilaf (R) Broccoli au Gratin (R) Tortilla (FF) X2 Brownie (NF) Strawberry Drink (B)

*Day 1 consists of Meal C only

**Day 13 consists of Meal A only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized

6/8/2006