

**SHUTTLE MENU STS-117  
(Stow By Person)**

**JIM REILLY, MS-4 (BROWN)**

<b>Meal</b>	<b>Days 1* &amp; 11</b>	<b>Day 2</b>	<b>Day 3</b>	<b>Day 4</b>	<b>Days 5 &amp; 13**</b>
<b>A</b>	Dried Peaches (IM) Oatmeal w/ Raisins (R) Granola Bar (NF) X2 Orange Juice (B) Kona Coffee w/ C&S (B) X2	Dried Pears (IM) Granola Bar (NF) X2 Vanilla Breakfast Drink (B) Orange-Pineapple Drink (B) Kona Coffee w/ C&S (B) X2	Dried Apricots (IM) Granola Bar (NF) X2 Chocolate Breakfast Drink (B) Grapefruit Drink (B) Kona Coffee w/ C&S (B) X2	Dried Peaches (IM) Bran Chex (R) Granola Bar (NF) X2 Orange-Mango Drink (B) X2 Cocoa (B) Kona Coffee w/ C&S (B) X2	Dried Pears (IM) Oatmeal w/ Raisins and Spice (R) Granola Bar (NF) Orange Juice (B) Kona Coffee w/ C&S (B) X2
<b>B</b>	Hot & Sour Soup (T) X2 Cheese Spread (T) Picante Sauce (FF) X2 Tortilla (FF) X2 Pineapple (T) Macadamia Nuts (NF) X2 Strawberry Drink (B) X2	Tomato Basil Soup (T) X2 Crunchy Peanut Butter (FF) Grape Jelly (T) Picante Sauce (FF) X2 Tortilla (FF) X2 Cherry Blueberry Cobbler (T) Trail Mix (IM) X2 Peach-Apricot Drink (B) X2	Beef Enchiladas (I) X2 Picante Sauce (FF) X2 Tortilla (FF) X2 Peaches (T) Trail Mix (IM) X2 Lemonade (B)	Beef Stroganoff w/Noodles (R) X2 Picante Sauce (FF) X2 Tortilla (FF) X2 Applesauce (T) Almonds (NF) X2 Tea w/Lemon & Sugar (B) X2	Beef Stroganoff w/Noodles (R) X2 Picante Sauce (FF) X2 Pears (T) Almonds (NF) X2 Candy Coated Peanuts (NF) X2 Peach-Apricot Drink (B) X2
<b>C</b>	Shrimp Cocktail (R) Turkey Tetrazzini (R) Southwestern Corn (T) Tortilla (FF) X2 Peach Ambrosia (R) Grape Drink (B)	Mushroom Soup (R) X2 Grilled Chicken (T) Noodles & Chicken (R) Creamed Spinach (R) Tortilla (FF) X2 Strawberries (R) Brownie (NF) Tropical Punch (B)	Split Pea Soup (T) Crackers (NF) X2 Spaghetti w/ Meat Sauce (R) Italian Vegetables (R) Strawberries (R) Butterscotch Pudding (T) Orange-Mango Drink (B) X2	Shrimp Cocktail (R) Beef Tips w/ Mushrooms (I) Rice & Chicken (R) Candied Yams (T) Tortilla (FF) X2 Strawberries (R) Tapioca Pudding (T) Pineapple Drink (B)	Tomato Basil Soup (T) Beef Stroganoff w/ Noodles (R) Macaroni & Cheese (R) Green Beans w/ Mushrooms (R) Tortilla (FF) X2 Peach Ambrosia (R) Apple Cider (B)

\*Day 1 consists of Meal C only

\*\*Day 13 consists of Meal A only

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized

5/24/200

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<b>Meal</b>	<b>Day 6</b>	<b>Day 7</b>	<b>Days 8 &amp; 12</b>	<b>Day 9</b>	<b>Day 10</b>
<b>A</b>	Dried Apricots (IM) Granola w/ Blueberries (R) Granola Bar (NF) Orange-Grapefruit Drink (B) Kona Coffee w/ C&S (B) X2	Dried Pears (IM) Oatmeal w/ Brown Sugar (R) Granola Bar (NF) Orange Juice (B) Kona Coffee w/ C&S (B) X2	Dried Apricots (IM) Granola w/ Raisins (R) Granola Bar (NF) Orange-Mango Drink (B) X2 Kona Coffee w/ C&S (B) X2	Dried Peaches (IM) Bran Chex (R) Granola Bar (NF) Orange-Grapefruit Drink (B) Kona Coffee w/ C&S (B) X2	Dried Pears (IM) Oatmeal w/ Brown Sugar (R) Chocolate Breakfast Drink (B) Orange-Pineapple Drink (B) Kona Coffee w/ C&S (B) X2
<b>B</b>	Mushroom Soup (R) X2 Chicken Fajita (T) Cheese Spread (T) X2 Picante Sauce (FF) X2 Tortilla (FF) X2 Chocolate Pudding (T) Trail Mix (IM) X2 Orange-Mango Drink (B) X2	Crawfish Etouffee (T) Creamed Spinach (R) Picante Sauce (FF) X2 Tortilla (FF) X2 Banana Pudding (T) Shortbread Cookies (NF) Macadamia Nuts (NF) X2 Orange-Mango Drink (B) X2	Beef Stroganoff w/Noodles (R) X2 Cauliflower w/ Cheese (R) Tortilla (FF) X2 Pears (T) Granola Bar (NF) Almonds (NF) X2 Lemonade (B) X2	Minestrone Soup (T) Noodles & Chicken (R) Creamed Spinach (R) Tortilla (FF) X2 Banana Pudding (T) Candy Coated Peanuts (NF) X2 Apple Cider (B)	Mushroom Soup (R) Crunchy Peanut Butter (FF) Grape Jelly (T) Tortilla (FF) X2 Fruit Cocktail (T) Brownie (NF) Strawberry Drink (B) X2
<b>C</b>	Shrimp Cocktail (R) Mushroom Soup (R) X2 Spicy Chicken & Vegetables (R) Tortilla (FF) X2 Strawberries (R) Vanilla Pudding (T) Lemonade (B)	Shrimp Cocktail (R) Beef Enchiladas (I) Rice Pilaf (R) Broccoli au Gratin (R) Tortilla (FF) X2 Vanilla Pudding (T) Strawberries (R) Tea w/Lemon (B) X2	Smoked Turkey (I) Red Beans & Rice (T) Tomatoes & Eggplant (T) Tortilla (FF) X2 Cherry Blueberry Cobbler (T) Butter Cookies (NF) Tropical Punch (B)	Shrimp Cocktail (R) Teriyaki Chicken (R) X2 Rice Pilaf (R) Broccoli au Gratin (R) Tortilla (FF) X2 Peach Ambrosia (R) Macadamia Nuts (NF) X2 Orange Drink (B)	Shrimp Cocktail (R) Mushroom Soup (R) Spaghetti w/ Meat Sauce (R) X2 Italian Vegetables (R) Tortilla (FF) X2 Butterscotch Pudding (T) Trail Mix (IM) X2 Grape Drink (B)

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized

5/24/2