

**SHUTTLE MENU STS-117
(Stow By Person)**

LEE ARCHAMBAULT, PLT (YELLOW)

Meal	Days 1* & 8	Days 2 & 9	Days 3 & 10	Days 4 & 11	Days 5 & 12	Days 6 & 13**	Day 7
A	Dried Pears (IM) Bran Chex (R) Mexican Scrambled Eggs (R) Breakfast Roll (FF) Apple Cider (B) Kona Coffee w/Cream & A/S (FF) x2	Sausage Pattie (R) Scrambled Eggs (R) Tortilla (FF) X2 Vanilla Breakfast Drink (B) Orange Juice (B) Kona Coffee w/Cream & A/S (FF) x2	Dried Apricots (IM) Granola w/Blueberries (R) Grits w/Butter (R) Chocolate Breakfast Drink (B) Grapefruit Drink (B) Kona Coffee w/Cream & A/S (FF) x2	Oatmeal w/Raisins (R) Mexican Scrambled Eggs (R) Tortilla (FF) X2 Orange-Mango Drink (B) Cocoa (B) Kona Coffee w/Cream & A/S (FF) x2	Dried Peaches (IM) Breakfast Sausage Links (I) Grits w/Butter (R) Granola Bar (NF) Orange Juice (B) X2 Kona Coffee w/Cream & A/S (FF) x2	Blueberry-Raspberry Yogurt (T) Granola w/Raisins (R) Mexican Scrambled Eggs (R) Strawberry Breakfast Drink (B) Orange-Grapefruit Drink (B) Kona Coffee w/Cream & A/S (FF) x2	Peaches (T) Sausage Pattie (R) Seasoned Scrambled Eggs (R) Oatmeal w/Brown Sugar (R) Orange-Pineapple Drink (B) Kona Coffee w/Cream & A/S (FF) x2
B	Beef Fajitas (I) Tuna Salad Spread (FF) Southwestern Corn (T) Tortilla (FF) X2 Pineapple (T) Candy Coated Peanuts (NF) Strawberry Drink (B) X2	Vegetarian Vegetable Soup (T) Chicken Salad (R) Crackers (NF) X2 Lasagna with Meat Sauce (T) Trail Mix (IM) Tapioca Pudding (T) Pineapple Drink (B) X2	Tuna Salad Spread (T) Crackers (NF) X2 Meatloaf (T) Peaches (T) Granola Bar (NF) Candy Coated Chocolate (NF) Tropical Punch (B) X2	Beef Stroganoff w/Noodles (R) X2 Applesauce (T) Shortbread Cookies (NF) Almonds (NF) Banana Pudding (T) Tropical Punch (B)	Cheddar Cheese Spread (T) Crackers (NF) X2 Teriyaki Chicken (R) X2 Vegetable Risotto (R) Fruit Cocktail (T) Candy Coated Peanuts (NF) Tea w/ Sugar (B) X2	Spicy Chicken & Vegetables(R)X2 Tuna Salad Spread (FF) Mashed Potatoes (R) Tortilla (FF) X2 Pears (T) Cashews (NF) Strawberry Drink (B) X2	Grilled Chicken (T) Pasta Vegetable Parmesan (R) Tomatoes & Eggplant (T) Shortbread Cookies (NF) Peanuts (NF) Grape Drink (B) X2
C	Turkey Tetrazzini (R) X2 Asparagus (R) Tortilla (FF) X2 Peach Ambrosia (R) Cashews (NF) Grape Drink (B)	BBQ Beef Brisket (I) Macaroni & Cheese (R) Green Beans w/Mushrooms (R) Tortilla (FF) X2 Strawberries (R) Butter Cookie (NF) Lemonade (B)	Shrimp Cocktail (R) Smoked Turkey (I) Candied Yams (T) Tortilla (FF) X2 Cherry Blueberry Cobbler (T) Apple Cider (B) X2	Beef Tips w/Mushrooms (I) Rice Pilaf (R) Creamed Spinach (R) Tortilla (FF) X2 Brownie (NF) Tea w/Lemon & Sugar (B)	Chicken Strips in Salsa (T) Peaches (T) Cauliflower w/Cheese (R) Tortilla (FF) X2 Trail Mix (IM) Butterscotch Pudding (T) Pineapple Drink (B)	Cheese Tortellini (T) Corn (R) Tortilla (FF) X2 Strawberries (R) Tapioca Pudding (T) Orange Drink (B) X2	Shrimp Cocktail (R) Teriyaki Beef Steak (I) Brown Rice (T) Broccoli au Gratin (R) Tortilla (FF) X2 Brownie (NF) Apple Cider (B)

*Day 1 consists of Meal C only

**Day 13 consists of Meal A only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized

Rev B 1/30/2007