SHUTTLE MENU STS-116 (Stow By Meal)

BILLY OEFELEIN, PLT (YELLOW)

Meal	Days 1* & 7	Days 2 & 8	Days 3 & 9	Days 4 & 10	Days 5 & 11
Α	Sausage Pattie (R)	Pineapple (T)	Oatmeal w/ Brown Sugar (R)	Dried Apricots (IM)	Dried Peaches (IM)
	Mexican Scrambled Eggs (R)	Beef Pattie (R)	Breakfast Roll (FF)	Rice Krispies (R)	Breakfast Sausage Links (I)
	Orange-Pineapple Drink (B) X2	Scrambled Eggs (R)	Strawberries (R)	Seasoned Scrambled Eggs (R)	Mexican Scrambled Eggs (
	Cocoa (B)	Orange Juice (B)	Chocolate Breakfast Drink (B)	Orange-Mango Drink (B)	Oatmeal w/ Brown Sugar (
	Kona Coffee Black (B)	Cocoa (B)	Orange Juice (B)	Cocoa (B)	Orange Juice (B)
		Tea w/ Cream (B)	Tea w/ Cream (B)	Kona Coffee Black (B)	Tea w/Cream (B)
В	Dried Beef (IM) X2	Chicken Fajitas (T) x2	Sweet & Sour Pork (T)	Dried Beef (IM)	Dried Beef (IM)
	Spicy Chicken & Vegetables (R)	• • • • • • • • • • • • • • • • • • • •	Potato Soup (T)	Teriyaki Beef Steak (I)	Seafood Gumbo (T)
	NA(1	Trail Mix (IM)	Wheat Tortilla (FF) X2	Wheat Tortilla (FF) X2 Day 4; White Tortilla (FF) X2 Day 10	Wheat Tortilla (FF) Day 5; White
	Peaches (T)	Strawberries (R)	Peaches (T)	Macadamia Nuts (NF)	Crackers (NF) X2
	Candy Coated Chocolates (NF) X2	Lemon-Lime Drink (B) X2	Granola Bar (NF) X2	Applesauce (T)	Applesauce (T)
	Orange-Mango Drink (B) X2		Lemonade (B) X2	Tea w/Lemon & Sugar (B) X2	Candy Coated Peanuts (NF)
					Pineapple Drink (B)
С	Shrimp Cocktail (R)	Shrimp Cocktail (R)	Meatloaf (T) X2	Teriyaki Chicken (R)	BBQ Beef Brisket (I)
	Smoked Turkey (I)	Grilled Pork Chop (T)	Italian Vegetables (R)	Candied Yams (T)	Mashed Potatoes (R)
	Turkey Tetrazzini (R)	Macaroni & Cheese (R)	Almonds (NF)	Creamed Spinach (R)	Italian Vegetables (R)
	Wheat Tortilla (FF)	Wheat Tortilla (FF)	Wheat Tortilla (FF) X2	Wheat Tortilla (FF) X2 Day 4; White Tortilla (FF) X2 Day 10	Wheat Tortilla (FF) X2 Day 5; Wr Day 11
	Curry Sauce w/Vegetables (T)	Creamed Spinach (R)	Vanilla Pudding (T)	Tapioca Pudding (T)	Bread Pudding (T)
	Cashews (NF)	Brownie (NF)	Tea w/ Sugar (B) X2	Pineapple Drink (B) X2	Apple Cider (B)
	Bread Pudding (T)	Tropical Punch (B) X2			
	Grape Drink (B)				

^{*}Day 1 consists of Meal C only

^{**}Day 12 consists of Meal A only

⁽B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized

SHUTTLE MENU STS-116 (Stow By Meal)

BILLY OEFELEIN, PLT (YELLOW)

Meal	Days 6 & 12**	
Α	Blueberry-Raspberry Yogurt (FF)	
	Granola w/ Blueberries (R)	
	Orange-Grapefruit Drink (B)	
	Cocoa (B)	
	Kona Coffee Black (B)	
В	Beef Enchiladas (I)	
Ь	Southwestern Corn (T)	
	Wheat Tortilla (FF) X2	
	Chocolate Pudding (T)	
	Butter Cookies (NF)	
	` ,	
	Trail Mix (IM) X2	
	Tropical Punch (B) X2	
С	Shrimp Cocktail (R)	
	Beef Steak (I)	
	Potatoes au Gratin (R)	
	White Tortilla (FF)	
	Cherry Blueberry Cobbler (T)	
	Grape Drink (B)	

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized