

**SHUTTLE MENU STS-116
(Stow By Meal)**

BILLY OEFELIN, PLT (YELLOW)

Meal	Days 1* & 7	Days 2 & 8	Days 3 & 9	Days 4 & 10	Days 5 & 11
A	Sausage Pattie (R) Mexican Scrambled Eggs (R) Orange-Pineapple Drink (B) X2 Cocoa (B) Kona Coffee Black (B)	Pineapple (T) Beef Pattie (R) Scrambled Eggs (R) Orange Juice (B) Cocoa (B) Tea w/ Cream (B)	Oatmeal w/ Brown Sugar (R) Breakfast Roll (FF) Strawberries (R) Chocolate Breakfast Drink (B) Orange Juice (B) Tea w/ Cream (B)	Dried Apricots (IM) Rice Krispies (R) Seasoned Scrambled Eggs (R) Orange-Mango Drink (B) Cocoa (B) Kona Coffee Black (B)	Dried Peaches (IM) Breakfast Sausage Links (I) Mexican Scrambled Eggs (R) Oatmeal w/ Brown Sugar (R) Orange Juice (B) Tea w/Cream (B)
B	Dried Beef (IM) X2 Spicy Chicken & Vegetables (R) Wheat Tortilla (FF) X2 Peaches (T) Candy Coated Chocolates (NF) X2 Orange-Mango Drink (B) X2	Chicken Fajitas (T) x2 Wheat Tortilla (FF) X2 Trail Mix (IM) Strawberries (R) Lemon-Lime Drink (B) X2	Sweet & Sour Pork (T) Potato Soup (T) Wheat Tortilla (FF) X2 Peaches (T) Granola Bar (NF) X2 Lemonade (B) X2	Dried Beef (IM) Teriyaki Beef Steak (I) Wheat Tortilla (FF) X2 Day 4; White Tortilla (FF) X2 Day 10 Macadamia Nuts (NF) Applesauce (T) Tea w/Lemon & Sugar (B) X2	Dried Beef (IM) Seafood Gumbo (T) Wheat Tortilla (FF) Day 5; White Tortilla (FF) X2 Day 10 Crackers (NF) X2 Applesauce (T) Candy Coated Peanuts (NF) Pineapple Drink (B)
C	Shrimp Cocktail (R) Smoked Turkey (I) Turkey Tetrazzini (R) Wheat Tortilla (FF) Curry Sauce w/Vegetables (T) Cashews (NF) Bread Pudding (T) Grape Drink (B)	Shrimp Cocktail (R) Grilled Pork Chop (T) Macaroni & Cheese (R) Wheat Tortilla (FF) Creamed Spinach (R) Brownie (NF) Tropical Punch (B) X2	Meatloaf (T) X2 Italian Vegetables (R) Almonds (NF) Wheat Tortilla (FF) X2 Vanilla Pudding (T) Tea w/ Sugar (B) X2	Teriyaki Chicken (R) Candied Yams (T) Creamed Spinach (R) Wheat Tortilla (FF) X2 Day 4; White Tortilla (FF) X2 Day 10 Tapioca Pudding (T) Pineapple Drink (B) X2	BBQ Beef Brisket (I) Mashed Potatoes (R) Italian Vegetables (R) Wheat Tortilla (FF) X2 Day 5; White Tortilla (FF) X2 Day 11 Bread Pudding (T) Apple Cider (B)

*Day 1 consists of Meal C only

**Day 12 consists of Meal A only

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized

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Meal	Days 6 & 12**
A	Blueberry-Raspberry Yogurt (FF) Granola w/ Blueberries (R) Orange-Grapefruit Drink (B) Cocoa (B) Kona Coffee Black (B)
B	Beef Enchiladas (I) Southwestern Corn (T) Wheat Tortilla (FF) X2 Chocolate Pudding (T) Butter Cookies (NF) Trail Mix (IM) X2 Tropical Punch (B) X2
C	Shrimp Cocktail (R) Beef Steak (I) Potatoes au Gratin (R) White Tortilla (FF) Cherry Blueberry Cobbler (T) Grape Drink (B)

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized