

GMT	CREW	ACTIVITY
19:00-19:10	CDR	Morning inspection. Inspection of Circuit Breaker [A3C] in DC1 Power Switch Panel (БВП) and fuses in DC1 Fuse Boxes БПП-30, БПП-36
	FE-1	Morning inspection
19:10-19:40		Post-sleep
19:40-20:30		Meal
20:30-21:10	FE-1	US TCS reconfig
20:30-20:40		Stowing UROLUX hardware
20:40-20:55	CDR	Post-EVA PILLE dosimeter reading
20:55-21:25		EVA-16 photo imagery downlink (via OCA)
21:10-21:15		DCS camera reconfig for IVA ops
21:15-21:20	FE-1	Camcorder deactivation
21:20-21:25		Disposal of TV Flight Specific book
21:25-21:40	CDR	Taking readings from AOK ГАНК-4М gas analyzer
21:35-21:50	FE-1	Rebooting all PCS (weekly)
21:45-21:50	CDR	On MCC Go ISS O2 repress from Progress 356 CpПК (start)
21:50-22:10		BIORISK-MCH. Post-EVA16 close-out ops with container
21:50-23:20	FE-1	Physical Exercise (TVIS)
22:20-22:50		COЖ maintenance
22:50-22:55	CDR	ISS O2 repress from Progress 356 CpПК (terminate)
23:20-23:35		Private Medical Conference (<i>S-band</i>)
	FE-1	Questionnaire - journal entry
23:35-23:45		CWC audit
23:45-23:50		O2 and CO2 monitoring
23:50-23:55		Transferring TVIS, RED, and HRM data to MEC
23:55-00:00		Disconnect Display and Control Panel (DCP) power cable
00:00-00:15		Private Medical Conference (<i>S-band</i>)
00:15-00:35		Conference with Astronaut Office management (<i>S-band</i>)
00:35-01:05		Meal
01:05-01:30	Daily Food Prep	
01:30-02:30	Pre-sleep	
02:30-11:00		SLEEP

Note: See OSTP for references to US activities.

End of Radiogram