

ORLAN AND BCC TELEMETRY CHECK. SPACESUIT MEDICAL PARAMETERS AND COMM CHECK.

GMT	CREW	ACTIVITY
12:00-12:10		Morning inspection
12:10-12:40		Post-sleep
12:40-13:30		BREAKFAST
13:30-13:35		Work prep
13:35-13:50		Daily Planning Conference (<i>S-band</i>)
13:50-14:15	FE-1	Work prep
13:50-14:20	CDR	ACH-M raw data prep for downlink via OCA. Tagup with specialists as necessary (<i>S-band</i>)
14:20-15:20		EVA from DC1 procedure review. Tagup with airlock ops specialists (<i>S-band</i>)
15:20-16:50	FE-1	Physical Exercise (TVIS)
15:20-15:40	CDR	Orlan Suit #25 backup bladder leak check
15:50-16:50		Spacesuit and BCC [Orlan Interface Unit] leak checks and valve tests
16:50-17:50	FE-1	Spacesuit and BCC [Orlan Interface Unit] leak checks and valve tests
16:50-18:20	CDR	Physical Exercise (TVIS), day 3
17:50-18:20	FE-1	Transfer US ODF and Crew Protection Kits to RS
18:20-19:20		LUNCH
19:20-19:50		ПКО-БЕТА 08 checkout using Gamma console
19:50-20:05		Spacesuit comm and telemetry configuration
20:05-20:35		Orlan and BCC telemetry check. Spacesuit comm check and medical parameter test
20:35-21:35		Orlan height adjustment. Tagup with specialists (<i>S-band</i>)
21:35-21:50	CDR	БК-3 oxygen tank pressure check
21:35-22:05	FE-1	Drink bag (DIDB) fill and install in Orlan
21:50-22:10	CDR	Testing КВД [Pressure Equalization Vlv] from ПОВ panels in ПxO and in DC1
22:10-22:30		Preparation of NASA equipment to be used in Orlan
22:30-22:45		Fresnel lens install in Orlan
22:45-23:15		Installation of US add-on hardware and photography. Tagup with specialists as necessary (<i>S-band</i>)
23:15-00:15	FE-1	Physical Exercise (RED)
	CDR	Physical Exercise (VELO+Load Trainer/Cycle 1), day 3
00:15-01:00		Evening work prep
00:15-00:45		Inspection of БРПК separator CKB1 Fan R&R
00:45-00:50	FE-1	BCAT-3: camera checkout
00:50-00:55		O2 and CO2 monitoring
00:55-01:00		Transferring TVIS, RED, and HRM data to MEC
01:00-01:15		Daily Planning Conference (<i>S-band</i>)
01:15-01:30	CDR	Evening work prep
01:15-01:20	FE-1	DCS battery charging
01:20-01:30		Evening work prep
01:30-01:35	CDR	On MCC GO ISS O2 repress from Progress 356 CpПК (start)
01:30-02:00	FE-1	DINNER

01:35-02:05	CDR	DINNER
02:00-02:30	FE-1	Daily food prep
02:05-02:35	CDR	Daily food prep
02:30-03:30	FE-1	Pre-sleep
02:35-02:40	CDR	ISS O2 repress from Progress 356 CpПК (terminate)
02:40-03:30		Pre-sleep
03:30-13:00		SLEEP

Note: See OSTP for references to US activities.
End of Radiogram