

**Transferring Nitrogen from FGB tanks БВДО (БНДО, ТБО) (termination)****EVA Prep**

| GMT         | CREW | ACTIVITY  |
|-------------|------|---|
| 11:00-11:10 |      | Morning inspection  |
| 11:10-11:40 |      | Post-sleep  |
| 11:40-12:30 |      | BREAKFAST   |
| 12:30-12:45 |      | Daily planning conference ( <i>S-band</i> )   |
| 12:45-13:00 |      | Work prep   |
| 13:00-13:10 | FE-1 | NOA (ESANO1). Hardware setup and activation   |
|             | CDR  | Changeout of PromISS tape #13   |
| 13:10-13:25 |      | Work prep   |
| 13:25-13:40 | FE-1 | Taking readings from AOK ГАНК-4М gas analyzer   |
| 13:25-13:55 | CDR  | COЖ maintenance   |
| 13:40-14:05 | FE-1 | NOA (ESANO1). Measurement and close out ops   |
| 14:05-14:15 |      | NOA (ESANO1). Data dump from RSE Laptop via BCP-TM  |
|             | CDR  | PAO hardware setup  |
| 14:15-14:25 |      | PAO crew prep   |
| 14:25-14:45 |      | PAO event (Ku + S-band)   |
| 14:45-16:45 |      | EVA bundle config (while videotaping using USOS hardware) / <i>Tagup with specialists (S-band)</i>    |
| 16:45-17:45 | CDR  | Physical exercise (CEVIS)   |
| 16:45-16:50 | FE-1 | <b>On MCC GO</b> ISS air repress from Progress 355 CpПК (start)                                       |
| 16:50-17:50 |      | Physical Exercise (VELO+RED) day 4  |
| 17:45-18:45 | CDR  | LUNCH   |
| 17:50-18:50 | FE-1 |   |
| 18:45-19:45 | CDR  | Sampling water from БРП-М to drink bags and to sampling container ЕДП                                 |
| 18:55-19:00 |      | JAXA 3D-PCGF. Equipment status check  |
| 19:00-19:25 | FE-1 | ALTCRISS. Card replacement and data dump via OCA. <i>Tagup with specialists as necessary (S-band)</i> |
| 19:25-19:30 |      | ISS air repress from Progress 355 CpПК (terminate)  |
| 19:45-20:15 |      | Daily plan review   |
| 19:45-20:15 | CDR  | Disposal of flush water into EDV (after sample collection)  |
| 20:15-20:35 |      | Downlink video about equipment prep and tagup with specialists ( <i>Ku+S-band</i> )                   |
| 20:35-22:05 | FE-1 | Physical exercise (TVIS) day 4  |
| 20:35-20:40 |      | BCAT-3: camera check  |
| 20:40-20:50 | CDR  | Disassembling configuration after PAO   |
| 20:50-22:20 |      | Physical Exercise (RED)   |
| 22:05-22:50 | FE-1 | Progress activation, air duct deinstallation  |
| 22:25-22:45 | CDR  | IMS update  |
| 22:45-22:50 |      | Transferring TVIS, RED, and HRM data to MEC   |
| 22:50-23:10 |      | Removal and inspection of quick-release screw clamps on the DC1 side                                  |
| 23:10-23:30 |      | DC1-Progress transfer hatch closure   |
| 23:30-00:00 | CDR  | Daily plan review   |
| 23:30-00:30 | FE-1 | DC1-CY and CY-Progress hatch leak check   |

|                  |      |   |
|------------------|------|---|
| 00:00-00:30      | CDR  | Report prep                                 |
| 00:30-00:45      |      | Daily planning conference ( <i>S-band</i> ) |
| 00:45-01:10      |      | DINNER                                      |
| 01:10-01:35      |      | Daily food prep                             |
| 01:35-02:30      |      | Pre-sleep                                   |
| 02:30-11:00      |      | SLEEP                                       |
| <b>Task list</b> | FE-1 | GCF-JAXA. TBY incubator temperature check   |
|                  |      | PLANTS-2. Payload status check              |

**Note:** See OSTP for references to US activities.

End of Radiogram