

CREW OFF-DUTY

GMT	CREW	ACTIVITY
11:00-11:10	.	Morning inspection
11:10-11:40	.	Post-sleep
11:40-12:30	.	BREAKFAST
13:00-13:10	CDR	PromISS, Tape 11 changeout
14:10-15:40	CDR	Physical Exercise (TVIS)
14:50-15:40	FE-1	Search for and configure condensate and water sampling equipment
15:40-16:40	CDR	Physical Exercise (RED)
15:40-17:10	FE-1	Physical exercise (TVIS), day 1
16:40-16:45	CDR	BCAT-3: camera checkout
17:10-18:10	.	LUNCH
20:40-20:55	CDR	Private family conference (<i>Ku + S-band</i>)
21:40-22:40	FE-1	Physical Exercise (VELO+RED) day 1
22:10-22:40	CDR	COЖ maintenance (CBO, CП calldowns, БРПК inspection)
22:40-23:10	.	Daily plan review
23:10-23:25	.	Daily planning conference (<i>S-band</i>)
00:00-00:30	.	Report prep
00:30-01:00	.	DINNER
01:00-01:30	.	Daily food prep
01:30-02:30	.	Pre-sleep
02:30-11:00	.	SLEEP
Task List	FE-1	GCF-JAXA. TBY incubator temperature check
		PLANTS-2. Payload status check
		DC1 and ПxO preparation for EVA (final, without updating IMS)

Note: See OSTP for references to US activities.

End of radiogram