



Sean O'Keefe talks to employees Friday via NASA TV

▲ **NASA Update:** Administrator Sean O'Keefe is informing the workforce about important issues Friday at noon. There's no need to miss out on any of these updates, as NASA Television is providing extensive coverage of the briefing. For further multimedia information, call 867-2468 or visit <http://www.nasa.gov/multimedia/highlights/index.html>. Access the Web link at <http://www.nasa.gov>.

▲ **Exploration Update:** Just days after the Cassini spacecraft entered Saturn orbit, preliminary science results are showing a complex and fascinating planetary system. One early result intriguing scientists concerns Saturn's Cassini Division, the large gap between the A and B rings. While Saturn's rings are almost exclusively composed of water ice, new findings show the Cassini Division contains relatively more "dirt" than ice. Another instrument on Cassini has detected large quantities of oxygen at the edge of the rings. For the latest images and more information about the Cassini-Huygens mission, visit <http://saturn.jpl.nasa.gov> and <http://www.nasa.gov/cassini>.

■ **Education Opportunity** — Engineers, computer professionals, scientists, and technical managers can update your core engineering knowledge, remain abreast of emerging technologies, acquire new

skills in related engineering areas, and prepare yourselves for increased responsibility through the Florida Engineering Education Delivery System (FEEDS) program at the University of Florida.

The College of Engineering's nationally ranked graduate degree programs offer an extensive menu of credit courses through the FEEDS; the courses may be used toward the completion of a graduate degree, certificate program, or for professional development. All courses are available for online delivery via streaming video technology through the Internet at <http://oeep.eng.ufl.edu>.

Registration is open through Sept. 3; pre-register early to create course demand.



■ **July's Cardiovascular Disease (CVD) screening** — No appointment is necessary. You must fast for 12 hours prior to screening (water only). If you take prescription medications, ask your doctor how to manage these medications during your fasting. Screening is from 7 – 8 a.m. at these sites:

- July 14, OHF (Occupational Health Facility)
- July 15, CAC (Cape Area Clinic)

The two-page CVD questionnaire

Cassini findings from Saturn's rings intrigue scientists

can be picked up at any medical facility. The questionnaire can also be downloaded from the SGS home page/forms: <http://ksboc-forms/KSCForms2/ref/KSC28-1010.itr>. If you have any questions, please call 867-3414.



■ **Countdown On Nutrition** — Please join the KSC Fitness Centers as they present the final sessions in the "Changing Weighs" Nutrition Lecture Series! The hour-long sessions begin at 11 a.m. in the O&C Mission Briefing Room: **July 14, *Functional Eating: Functional Foods To Prevent Disease***; and **Aug. 11, *Setting Goals-An Inspirational Story***.

■ **Did You Know?** The Global Electric Motorcar (GEM) is being demonstrated at KSC today. The GEM is a totally electric (no emissions vehicle) car that can travel at a top speed of 25 miles per hour and has a range of 30 miles. The demo vehicles will be a 4-seat and a 2-seat with a long bed back. See the GEM in front of OPF 1&2 from 10:45 - 11:30 a.m., in front of the OSB from 11:35 a.m. - 12:30 p.m., and in front of the Logistics Facility from 12:30 - 1:30 p.m. For any additional information, contact Bruce Chesson, 867-8635, with NASA Transportation.