



Discovery ready to roll to pad early Wednesday

▲ **Shuttle Update:** Space Shuttle Discovery is expected to begin rollout to Launch Pad 39B Wednesday morning at 12:01 a.m. The four-mile trip from the Vehicle Assembly Building to the pad takes about six hours.

▲ **ISS Update:** When a fresh shipment of supplies arrives at the International Space Station Saturday, NASA TV will broadcast it live. Coverage begins at 7 p.m. EDT.

The Progress will launch at 7:09 p.m. EDT Thursday from the Baikonur Cosmodrome in Kazakhstan for the two-day journey to the Station. The Progress is scheduled to link up to the aft port of the Zvezda Service Module at about 8:46 p.m. EDT Saturday.

The automated Progress spacecraft, the 18th to visit the Space Station, will carry more than two tons of supplies for the Station's crew, Expedition 11 Commander Sergei Krikalev and NASA Science Officer John Phillips. The cargo includes a

six-month supply of food, spare parts, water and oxygen. The Progress will also bring camera gear that Station crews may use to inspect approaching Space Shuttles.

There is no live TV coverage of the Progress launch, but NASA will issue a status report once the spacecraft reaches orbit.

■ **NASA Science** — NASA-supported sleep researchers are learning new and surprising things about naps. Read the full story at http://science.nasa.gov/headlines/y2005/03jun_naps.htm?list29875.

■ **Turtle Watch Reservations Begin June 15 for July Programs** — Starting at 9 a.m. Wednesday, staff at Canaveral National



Seashore will begin taking telephone reservations for this year's July Turtle Watch programs. The number to call is 386-428-3384, ext. 18.

The programs are open to all persons eight years and older. Programs are limited to 30 people per night with a maximum of six per reservation call. During July, programs are scheduled most Wednesday to Saturday nights.

In the North District at Apollo Beach, programs will run from 8 p.m. until midnight July 1-2, 6-9, 13-16, 20-23 and 27-30. In the South District at Playalinda Beach, programs will run from 8 p.m. until midnight July 1-

2, 6-8, 13-16, 20-23, 27-30.

Please have several dates in mind when you call and please keep your calls brief. Further information and instructions will be sent to you within two weeks of your phone call. Turtle Watch programs give park visitors an opportunity to learn about sea turtles and the role that the National Park Service plays in their conservation. While visitors are not guaranteed a view of a nesting sea turtle, the 2004 success rate exceeded 75 percent.

■ **June Cardiovascular Testing** — Dates and sites for the testing are Wednesday at the OHF (Occupational Health Facility) from 7 to 8 a.m. and Thursday at the LAC (Launch Area Clinic/MFF Cafeteria) from 7 to 8 a.m. No appointment is necessary. You must fast for 12 hours prior to screening (water only). If you take prescription medications, ask your doctor how to manage these medications during your fasting. The 2-page CVD questionnaire can be picked up at any medical facility. The questionnaire can also be downloaded from the SGS home page/forms:

<http://ksbcocforms/KSCForms2/ref/KSC28-1010.itr>.



■ **Did You Know? Today is Flag Day.**

The secret of joy in work is contained in one word — excellence. To know how to do something well is to enjoy it.

— Pearl Buck (1892- 1973)

(This message provided by the Change Leaders Network)