

Suggested Care Package Items

CANDIES

Candy (heat resistant)
Throat lozenges
Licorice

CORRESPONDENCE

Writing Paper and Envelopes
Pens/Pencils



DENTAL

Floss
Mouthwash
Toothbrushes
Toothpaste



DRINK

Coffee (instant)
Coffee creamer
Sports drinks
Powdered Drink Mixes
Tea Mixes (sweet) (or tea bags)
Icy pops- to freeze

FOOD (including dry goods, snacks)

Library
Sugar packets
Power bars
Beef Jerky
Canned Fruit (pop top cans)
Cereal (in small boxes)
Condiments Packages (ketchup, etc)
Cookies
Granola Bars
Gum (no sticks)
Oatmeal (instant)
Breakfast bars
Ravioli (pop top cans)
Tuna Kits

GAMES

Board Games
(travel size)
Chess (travel size)
Crossword Puzzles
Playing Cards



Checkers

MUSIC

CD Fanny Packs
CDs
DVD movies

* No VHS movies as they only have DVD players

PRINTED MATERIALS

Books and Books on CD
Newspapers (local)
Magazines
* Used books and magazines are great, too!

SEASONAL

Canned turkey and Thanksgiving food items
Small unbreakable holiday decorations
Holiday decorations
Valentine Items

TOILETRIES / HYGIENE

Baby Wipes
Lip balm
Cold Water Wash
Eye Drops
Deodorant
Nail Clippers
Foot Powder
Hairbrushes
Hand Lotion
Hand Sanitizers (waterless)
Cotton swabs
Razors (disposable)
Shampoo
Soap
Sunscreen
Tissues (heavy duty)
Toilet Paper (including travel size)
Acetaminophen (individual packets)
Wash Rags
Feminine Hygiene Products (for female soldiers)



OTHER

American Flags (small)
Baggies (with zip lock)
Batteries (AA, D ...)
Bug Spray (must be packaged in zip-lock bag)
Duct Tape
Disposable Cameras
Flashlights (mini, extra bulbs, lots of batteries)
Fans (battery powered - small - with extra batteries)
Fly Strips
Fly Swatters
Pre-Paid Phone Cards
Shoe Insole Cushions
Socks (cushioned)
Sunglasses (black - no brand names)
Sweatbands (or anti-liners for use in helmets)
Twin sheet sets