

**SHUTTLE MENU STS-127
Stow By Day**

DOUG HURLEY, PLT (YELLOW)

Meal	Days 1*, 9 & 17**	Days 2 & 10	Days 3 & 11	Days 4 & 12	Days 5 & 13	Day 6	Day 14◇	Days 7 & 15
A	Seasoned Scrambled Eggs (R) Granola (R) Tortilla (FF) Sausage Pattie (R) Chocolate Breakfast Drink (B) Kona Coffee w/ Cream & Sugar (B) x2	Oatmeal w/ Brown Sugar (R) Strawberries (R) Breakfast Sausage Links (I) Orange-Mango Drink (B) Kona Coffee w/ Cream & Sugar (B) x2	Chocolate Breakfast Drink (B) Granola w/ Blueberries (R) Grits w/ Butter (R) Breakfast Sausage Links (I) Orange Juice (B) Kona Coffee w/ Cream & Sugar (B) x2	Granola w/ Blueberries (R) Scrambled Eggs (R) Tortilla (FF) Sausage Pattie (R) Vanilla Breakfast Drink (B) Kona Coffee w/ Cream & Sugar (B) x2	Mexican Scrambled Eggs (R) Black Beans (T) Tortilla (FF) Granola Bar (NF) Orange-Pineapple Drink (B) Kona Coffee w/ Cream & Sugar (B) x2	Oatmeal w/ Brown Sugar (R) Breakfast Roll (FF) Strawberries (R) Breakfast Sausage Links (I) Orange-Pineapple Drink (B) Kona Coffee w/ Cream & Sugar (B) x2	Oatmeal w/ Brown Sugar (FF) Strawberries (FF) Breakfast Roll (FF) Orange-Pineapple Drink (FF) Kona Coffee w/ Cream & Sugar (FF) x2	Seasoned Scrambled Eggs (R) Red Beans & Rice (T) Tortilla (FF) Granola Bar (NF) Orange Pineapple Drink (B) Kona Coffee w/ Cream & Sugar (B) x2
B	Peanut Butter (FF) Crackers (NF) x2 Sweet and Sour Pork (T) Granola Bar (NF) Chocolate Pudding Cake (T) Tropical Punch (B)	Peanut Butter (FF) Crackers (NF) x2 BBQ Beef Brisket (I) Chicken Noodle Soup (T) Almonds (NF) Shortbread Cookies (NF) Lemonade (B)	Tomato Basil Soup (T) Meatloaf (T) Crackers (NF) x2 Strawberries (R) Macadamia Nuts (NF) Shortbread Cookies (NF) Orange-Pineapple Drink (B)	Chicken w/ Peanut Sauce (T) Tortilla (FF) Peanut Butter (FF) Blueberry-Raspberry Yogurt (T) Candy Coated Chocolates (NF) x2 Orange-Mango Drink (B)	Spaghetti w/ Meat Sauce (R) Strawberries (R) Tortilla (FF) x2 Cashews (NF) Brownie (NF) x2 Tropical Punch (B)	Peanut Butter (FF) Crackers (NF) x2 Beef Fajitas (I) Tortilla (FF) x2 Brownie (NF) Orange-Pineapple Drink (B)	NO MEAL	Lasagna w/ Meat (T) Tomato Basil Soup (T) Strawberries (R) Macadamia Nuts (NF) Butter Cookies (NF) Lemonade (B)
C	Grilled Pork Chop (T) Corn (R) Chicken Noodle Soup (T) Crackers (NF) x2 Brownie (NF) x2 Orange -Mango Drink (B)	Peanut Butter (FF) Crackers (NF) x2 Chicken Strips in Salsa (T) Tortilla (FF) x2 Cocoa (B) Orange-Pineapple Drink (B)	Beef Stew (T) Mashed Potatoes (R) Vegetarian Vegetable Soup (T) Cashews (NF) Chocolate Pudding Cake (T) Lemonade (B)	Chicken w/ Peanut Sauce (T) Red Beans & Rice (T) Macadamia Nuts (NF) Strawberries (R) Shortbread Cookies (NF) Orange-Mango Drink (B)	BBQ Beef Brisket (I) Potatoes au Gratin (R) Applesauce (T) Macadamia Nuts (NF) Butter Cookies (NF) Cocoa (B) Apple Cider (B)	Peanut Butter (FF) Crackers (NF) x2 Breakfast Sausage Links (I) Vegetarian Chili (R) Candy Coated Almonds (NF) Candy Coated Peanuts (NF) Lemonade (B)	Peanut Butter (FF) Crackers (FF) x2 Breakfast Sausage Links (FF) Vegetarian Chili (FF) Candy Coated Almonds (FF) Lemonade (FF)	Beef Enchiladas (I) Tortilla (FF) x2 Macaroni & Cheese (R) Cashews (NF) Chocolate Pudding Cake (T) Orange-Mango Drink (B)

◇ Day 14 will be stowed in the fresh food locker

*Day 1 consists of Meal C only

**Day 17 consists of Meals A & B only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized

Days 8 & 16

Oatmeal w/ Brown Sugar (R)
Mexican Scrambled Eggs (R)
Sausage Pattie (R)
Tortilla (FF)
Orange-Mango Drink (B)
Kona Coffee w/ Cream & Sugar
(B) x2

Seafood Chowder (R)
Seafood Gumbo (T)
Mashed Potatoes (R)
Candy Coated Chocolates (NF)
Shortbread Cookies (NF)
Orange-Mango Drink (B)

Peanut Butter (FF)
Crackers (NF) x2
Spaghetti w/ Meat Sauce (R)
Bread Pudding (T)
Almonds (NF)
Pineapple Drink (B)