

CREW OFF DUTY

| GMT | CREW | ACTIVITY |
|------------------|----------|---|
| 06:00-06:10 | | Morning Inspection |
| 06:10-06:40 | | Post-sleep |
| 06:40-07:30 | | BREAKFAST |
| 07:30-07:35 | | CDRA Deactivation |
| 07:35-07:55 | FE-2 | Start Filling CWC from the Lab Condensate Tank |
| 08:00-08:10 | | Terminate Filling CWC from the Lab Condensate Tank |
| 09:00-10:30 | CDR | Physical Exercise (TVIS), day 3 |
| 10:30-12:00 | FE-1 | Physical Exercise (TVIS), day 3 |
| 10:30-12:00 | FE-2 | Physical Exercise (RED) |
| 11:05-11:25 | CDR | Private Family Conference (<i>S + Ku-band</i>) |
| 12:00-13:00 | FE-2 | Physical Exercise (TVIS) |
| 12:40-13:00 | FE-1 | Private Family Conference (<i>S + Ku-band</i>) |
| 13:00-14:00 | | LUNCH |
| 14:00-14:15 | | IRIDIUM phone charging, configuration setup, start charge <i>Tagup with specialists (as necessary) (S-band)</i> |
| 14:30-14:35 | | |
| 14:50-14:55 | CDR | IRIDIUM phone charging - status check |
| 15:10-15:15 | | |
| 15:15-15:25 | | IRIDIUM phone charging - terminate charge, cleanup |
| 16:15-17:15 | | Physical Exercise (VELO+RED), day 3 |
| 16:35-17:15 | FE-1 | COЖ Maintenance. CBO, CП, and POTOK Air Purification System data calldowns |
| 17:15-18:15 | | Physical Exercise (VELO+RED), day 3 |
| 18:05-18:15 | CDR | BAR. Kelvin-Video Charging (start) |
| 18:15-18:25 | FE-2 | Report prep |
| 18:15-18:25 | CDR,FE-1 | Evening Work Prep |
| 18:25-18:40 | | Daily Planning Conference (<i>S-band</i>) |
| 18:40-19:30 | | Evening Work Prep |
| 19:30-20:00 | | DINNER |
| 20:00-20:30 | | Daily Food Prep |
| 20:30-21:30 | | Pre-sleep |
| 21:30-06:00 | | SLEEP |
| Task List | CDR | ECON. Observations and photography |
| | FE-1 | URAGAN. Observation and photography |
| | | DIATOMEA. World Ocean Observations |

Notes:

1. See OSTP for references to US activities.
 2. SM Window #9 shutter opening is at crew discretion **with Report to MCC**
- End of Radiogram