

CREW OFF DUTY. TV GREETING.

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:45-08:10	CDR,FE-1	TV greetings to VSK-Tour Company and to the Slavic Bazaar Art Festival in Vitebsk / (To= 07:48 , T1, T2, T3 - activated from Daily Flight Program [СПП])
09:30-11:00	FE-2	Physical Exercise (TVIS)
11:00-12:00		SODF Warning Book Update
11:05-12:05	CDR	Physical Exercise (VELO + RED) day 1
11:35-13:05	FE-1	Physical exercise (TVIS-1)
13:00-13:05	CDR	On MCC Go ISS O2 repress from Progress 359 CpПК (start)
13:05-14:05		LUNCH
14:05-14:15	FE-2	Terminate BSA battery charge
14:05-14:10	CDR	ISS O2 repress from Progress 359 CpПК (terminate)
14:10-14:50		COЖ maintenance.
15:45-16:45	FE-1	Physical Exercise (VELO+RED), day 1
16:45-18:15	CDR	Physical Exercise (TVIS), day 1
17:15-18:15	FE-2	Physical Exercise (RED)
18:15-18:45		Evening work prep
18:45-19:00		Daily Planning Conference (<i>S-band</i>)
19:00-19:30		Evening work prep
19:30-20:00		DINNER
20:00-20:30	CDR,FE-1	Daily food prep
20:00-20:10	FE-2	
20:10-20:25	FE-2	Private Family Conference (<i>Ku + S-band</i>)
20:25-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
TaskList	CDR	URAGAN. Observation and photography
	FE-1	DIATOMEA

Note: See OSTP for references to US activities. End of Radiogram